Pre-Operative Instructions for Eye Surgery

If you haven't already done so, **please click this link to complete your One Medical Passport questionnaire.** This information will be used by the anesthesia team to review your medical history and approve your procedure.

PLEASE NOTE: Failure to complete your medical history in One Medical Passport may result in your procedure being delayed or cancelled.

The Day Before Surgery

- **You will be notified of your arrival time between 10 a.m. and 2 p.m. the day before your procedure.** If your procedure is on a Monday, you will be called the Friday before.
- **DO NOT eat or drink 8 hours prior to your arrival time** unless otherwise instructed by your physician. This includes chewing gum, mints, and all oral intake. You may brush your teeth the morning of surgery, but **DO NOT** swallow water.
- **DO NOT consume alcohol 24 hours prior to surgery. DO NOT smoke 12 hours prior to surgery.** Both can cause adverse reactions to anesthesia and medications.
- **Before arriving, remove all jewelry, body piercings, makeup, and nail polish.** If you wear glasses, contact lenses, dentures, or hearing aids you will be asked to remove them for surgery. Please bring cases to store these items safely.
- **Shower the morning of surgery** to minimize the risk of infection. Avoid lotions and powders.

Medication Instructions

- I**f you have diabetes, DO NOT** take insulin or any diabetic medications the morning of your surgery.
- **If you use inhalers for asthma,** please bring them with you.
- **ONLY TAKE** medications approved by your physician or anesthesia provider the morning of your surgery **with a small sip of water.**

The Day of Your Procedure

- **Upon arrival, please notify reception desk staff.**
- **What should I bring?**
  - » **Photo ID**
  - » **Insurance card**
  - » Ability to cover copayments (we accept cash, credit card, and check)
  - » Cases/holders for contact lenses, glasses, hearing aids, and/or dentures
  - » Your eye kit/bag provided by your eye doctor
  - » **ALL prescribed eye drops.**
- **Please leave all valuables at home and wear loose, comfortable clothing. Loose, button-up shirts are recommended, along with loose-fitting pants or shorts. We will provide socks and a belongings bag. Lockers are available upon request.**
- **Please have a responsible adult available to help after your procedure.**
  - » You will not be allowed to drive for at least 24 hours following your surgery. A responsible adult (18 or older) must drive you home and remain at the surgery center during your stay so your physician can provide post-operative instructions.
  - » Taxi, Uber, Lyft, and public transportation are **NOT** permitted unless you are accompanied by a responsible adult. Someone should stay with you for the first 24 hours after surgery.

Visitor Policy

- All patients under 18 years old must have a parent or guardian remain with them throughout their stay.

Other Reminders

- Females of childbearing age will be required to provide a urine specimen upon arrival to the surgical center.
- **Note:** Please inform the front desk if you need to use the restroom before you are taken to the pre-op area.
- If you develop any changes in your health status such as fever, cough, rash, cold, vomiting, or diarrhea, notify your surgery team immediately.

If you have any questions, please contact the nurse line at (708) 827-2370.

Our Location

CenterPoint Surgical
7340 W College Dr # 1
Palos Heights, IL 60463

Click here for directions from Google Maps

We are committed to excellent care. Please let our nurses know if you have any special requests or needs, so we can take the best possible care of you. Before discharge, we will review instructions with you and provide a written copy for you to take home. Thank you for trusting us with your care!